



Canadian Orthopaedic Nurses Association

40th Annual Conference

Hosted by the Toronto Chapter

“Orthopaedics: Moving Forward With the Strength Within”



Featured Speakers

Opening Address: Cyndi Desjardins “Igniting the Power Within”



Cyndi Desjardins was a successful business manager as well as being a new mom when necrotizing fasciitis (otherwise known as flesh eating disease) entered her life, and altered it forever. She awoke after five weeks of battling this disease, to find her hands and feet had been amputated in an effort to save her life.

God gave her the spirit to overcome many obstacles in her rehabilitation: recapturing relationships with her children, learning to walk, swim, and dance through life again. Her inspiring story attracted media attention. She has been interviewed as a resource for inner spirit by major US TV shows Anderson Cooper, the Jeff Probst show, as well given the title of Canadian Original on CTV National.

Keynote Address: Captain Mary Ann Barber

“After the Dust has settled: A Reflection on Afghanistan – The perspective of A Trauma Nurse”



Captain Mary Ann Barber was born and raised in Sault Ste. Marie, ON, and began her career in the Canadian Armed Forces under the Regular Officer Training Plan, enrolling in June 1997. Upon graduation from her BScN from the University of Ottawa in 2000, she was posted to Canadian Forces Base Edmonton where she began her career working as a new grad nurse in the ER at the Royal Alexandra Hospital, and in a variety of military environments. Captain Barber went on her first overseas deployment to Bosnia-Herzegovina as a Critical Care Nursing Officer where she assisted in the management of the Unit Medical Station in Velika Kladusa in September 2002. Upon her return in April 2003 she began working in the ICU, and completed her certificates in Emergency Nursing, Forensic Nursing and Critical Care Nursing from Mount Royal College in 2004. Capt Barber deployed to Kabul, Afghanistan as the Nurse In-Charge (IC) of the Resuscitation department from January to July 2005. In 2006 she was posted from Edmonton to Kingston, Ontario, where she became the

team leader for the Care Delivery Unit at the Royal Military College of Canada. In 2007 she deployed to Kandahar, Afghanistan to the Role 3 Multinational Medical Unit (R3MMU) for 5 months, returned home for 6 months and then redeployed to Kandahar in January 2008 as the 2nd In-Command of In-Patient Services at the Role 3 hospital. Following her return from Afghanistan in September 2008, she continued to manage the operations department at 33 Canadian Forces Health Services Centre in Kingston. When she was not working on her year-long French course, or in the field, Capt Barber flew several medical evacuations from Germany to Canada, returning our critically wounded patients home. She was posted in the summer of 2010 to Geilenkirchen, Germany where she managed the immunizations department until she returned to Ottawa in the fall of 2011. In Ottawa, Capt Barber was the department manager for Immunizations and the treatment room until she was moved in the summer of 2013 to Canadian Forces Base Borden. At the Canadian Forces Health Services Training Centre, Capt Barber manages the Medical Technician Qualification Level 5 program, the Basic Medical Officer Course, the Primary Care Nurse Course and the Basic Nursing Officer Course. She teaches on the Physician Assistant Course, and on all clinical courses conducted at the training centre. Capt Barber lives in Wasaga Beach and enjoys travelling, and hiking with her two big dogs and plans to retire from the military next summer and finish her Masters of Nursing Nurse Practitioner program.

Edith Cavell Speaker: Mona Sawhney

“The ‘R’ word: How it became part of my nursing practice”



Mona Sawhney completed her BScN at Ryerson University, Masters of Nursing/Acute Care Nurse Practitioner program and PhD at the University of Toronto. Her research interest is in pain management following surgery. She has published several book chapters and peer-reviewed journal articles and has presented at local, national and international conferences. Mona has been working as a NP with hospital based pain services since 1995 at a variety of hospitals in the Toronto area, Hamilton, Kingston.

She currently works as an Assistant Professor at the School of Nursing at Queen’s University and holds a Nurse Practitioner position at North York General Hospital with the Acute Pain Service.

Conference Schedule

Sunday, May 28, 2017

Time	Event	Presenter/Location
1200-1600	Registration	<i>Mackenzie Room</i>
1800-2100	Social #1: Meet & Greet	<i>Dominion Ballroom</i>

Monday, May 29, 2017

Location: Dominion Ballroom

Time	Event	Presenter/Location
0600-0700	Social#2: Running/Walking tour of Toronto	David Miller
0700-0800	Exhibitors/Breakfast	
0800-0830	Opening Ceremonies & Welcome Opening/Welcome Remarks	
0830-1000	Opening Address - Igniting the Power Within	Cyndi Desjardins
1000-1030	Exhibitor/Nutrition Break	
1030-1100	Complex Wound Care of Multi-Trauma Patient	Dr. Shar Shahrokhi
1100-1130	Clearing the Spine in a Trauma Patient	Dr. Albert Yee
1130-1200	Application of Robotically-Assisted Etching for Cranial Facial Reconstruction	Thomas Looi
1200-1300	Lunch/Exhibitor	
1300-1345	Life After A Spinal Cord	Christine Sellinger
1345-1415	Non-union Challenges In Orthopaedics	Dr. Hossein Mehdiian
1415-1445	Nutrition Break/Exhibitors	
1445-1515	The Essential Role of Nursing in Reducing the Burden of Venous Thromboembolism in Orthopedic Surgery	Dr. William Geerts
1515-1155	Fractures of the Clavicle: How Science Changed Practice	Dr. Michael McKee
1555-1600	Closing remarks	
1600-1700	Presidents reception	Invitation Only
1800	Social #3: Blue Jays Game	<i>Rogers Centre</i>

Tuesday, May 30, 2017

Location: Dominion Ballroom

Time	Event				Presenter/Location
0600-0700	Social #4: Running/Walking tour of Toronto				David Miller
0700-0800	Breakfast, Annual General Meeting				All CONA Members
0800-0815	Opening remarks				
0815-0845	Magnetic resonance guided high-intensity focused ultrasound therapy: Principles and applications in paediatric medicine				Adam Waspe
0845-0945	Documentation in Healthcare Setting				Gus Triantafillopoulos
0945-1015	Exhibitor/Nutrition Break				
1015-1100 Breakout Session #1 Locations: TBA	1a	2a	3a	4a	
	Interprofessional Fall Risk reduction Strategies for patients with Dementia Ursula Petroz et. al.	Managing substance use disorder patients in acute care: A harm reduction and education project at the Ottawa Hospital Jackie Mace et. al.	Management of the distressed patient in the trauma and orthopaedic setting- development of an algorithm Gill Thurlow	Valuing the past and embracing the future of orthopaedic nursing Julie Santy-Tomlinson	
1115-1200 Breakout Session #2 Locations: TBA	1b	2b	3b	4b	
	Improvement of Pain Management and Patient Experience in the Orthopaedic patient on the inpatient surgical unit: A Quality Council Initiative Jennifer Goede & Natalia Steinborn	Wound Care Challenges and The Orthopaedic Patient Louanne Rich-Vanderbij	Can we have a one day length of stay for hip and knee replacement patients? Maureen Sly-Havey	Code Panic: Helping patients and families through fears and tears Illana Perlman	
1200-1300	Lunch/Exhibitor Visit				
1300-1345 Breakout Session #3 Locations: TBA	1c	2c	3c	4c	
	The Introduction of Schwartz rounds at the Royal National Orthopaedic Hospital Gill Thurlow	The foot and Ankle Screening and Triage Clinic (FAST): A community hospital's effort to address wait times for forefoot surgery Catherine Lafontaine & Maureen Sly-Havey	Preoperative urine culture screening for patients having a total joint replacement; The Revised paradigm Jan Flynn & Susan Clark	How do you know when your patient is constipated? Julie Santy-Tomlinson	
1345-1415	Exhibitor/Nutritional Break				
1415-1515	It's the singer not the song				Dr. Jay Keystone
1515-1615	Keynote - After the Dust has Settled: A Reflection on Afghanistan- The perspective of A Trauma Nurse				Captain Mary Ann Barber
1600	Closing remarks				
1800	Social#5: Dinner & Dance				<i>Copacabana</i>

Wednesday, May 31, 2017

Location: Dominion Ballroom

Time	Event	Presenter
0700-0730	Exhibitors/Breakfast	
0730-0735	Opening remarks	
0735-0745	Presentation 2018 National Conference	CONA Saskatchewan
0745-0815	3D optical imaging for spinal surgery - the days without lead apron	Dr. Victor Yang
0815-0845	The Tragically Fractured Hip	Dr. Sanjho Srikandarajah
0845-0930	Medical Assistance In Dying (MAID)	Sally Bean
0930-1000	Exhibitors/Nutrition break	
1000-1030	Endovascular Approaches to Spine Disease	Dr. Leo Da Costa
1030-1130	The 'R' word: how it became part of my nursing practice	Dr. Mona Sawhney
1130-1200	Conference Closing	

Thursday, June 1, 2017

Social #6: Niagara Falls Tour

Time	Event
0730	Pick up at Sheraton Centre Toronto Hotel
0930-1600	Full day touring of Niagara Falls and area with a private guide <ul style="list-style-type: none">- Admission to the Hornblower cruise- Buffet lunch overlooking Falls- Local Winery (tour and tasting)- Shopping at Table Rock- Free Time
1800	Drop off at Sheraton Centre Toronto Hotel



Online Registration Available at:
www.cona-nurse.org
 VISA and Master Card Accepted
 For questions: conatorontochapter@gmail.com



Registration Form (Please complete both pages)

Last Name:	First Name:	CONA Member #:
Position:	Employer:	CONA Chapter:
Address:		City:
Province/State:	Country:	Postal Code/Zip:
Email Address:	Phone:	Are you a certified Orthopaedic Nurse? Yes <input type="checkbox"/> No <input type="checkbox"/>

Complete Conference	Early Bird by May 12	After May 12
CONA Members*	<input type="checkbox"/> \$595	<input type="checkbox"/> \$650
Non-Members	<input type="checkbox"/> \$695	<input type="checkbox"/> \$795
Students**	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350

Daily Registration	Mon (May 29)	Tue (May 30)	Wed (May 31)
CONA Members	<input type="checkbox"/> \$250	<input type="checkbox"/> \$250	<input type="checkbox"/> \$200
Non-Members	<input type="checkbox"/> \$300	<input type="checkbox"/> \$300	<input type="checkbox"/> \$250
Students	<input type="checkbox"/> \$125	<input type="checkbox"/> \$125	<input type="checkbox"/> \$100

* Become a CONA member for \$100 and save \$100~\$145 on your registration www.cona-nurse.org

** Students must have full-time student status and show proof of registration (Student ID)

Tuesday, May 30 Breakout Sessions (Please circle one)		
Time	1 st Choice	2 nd Choice
10:15~11:00	1a, 1b, 1c, 1d	1a, 1b, 1c, 1d
11:15~12:00	2a, 2b, 2c, 2d	2a, 2b, 2c, 2d
13:00~13:45	3a, 3b, 3c, 3d	3a, 3b, 3c, 3d

Social Activities	Sunday, May 28		
	<input type="checkbox"/>	Social #1: Meet & Greet Welcome to Toronto! Come and meet your fellow delegates while enjoying music and refreshments (18:00 ~ 21:00). This is a great way to kick off the National 2017! All conference participants are invited to attend and this is open to non-registrants for a small charge.	Free to registrants ____ x \$15/non registrant
	Monday, May 29		
	<input type="checkbox"/>	Social #2: Running/Walking tour with David Miller Day 1 Looking for a healthy & fresh way to start of the day? Then this is for you! The personal trainer David will introduce Toronto's early morning face to you (6:00~7:00).	____ x \$5/person
	<input type="checkbox"/>	Opening Address: Cyndi Desjardins – Igniting the Power Within Cyndi is an inspiring public speaker, fundraiser, and writer who will discuss her life-altering experience with necrotizing fasciitis (8:30~10:00).	Free to registrants ____ x \$20/non registrant
	<input type="checkbox"/>	Social #3: Blue Jays Game Join us as we root for the home team! Tickets are located in the 100 level bases section. The package includes a snack and a bottle of water.	____ x \$50/person
	Tuesday, May 30		
	<input type="checkbox"/>	Social #4: Running/Walking tour with David Miller Day 2 See Day1 on May 29 (6:00~7:00)	____ x 5/person
	<input type="checkbox"/>	Social #5: Dinner & Dance at Copacabana Enjoy an evening of dinner and dancing as you feast at Toronto's all-you-can-eat Brazilian Steakhouse. It will be an unforgettable evening filled with music and entertainment from the samba dancers and a silkists! Vegetarian, kosher, and gluten free options available. Please indicate any dietary restrictions. Cocktails start at 17:30. Please find the details on the flyer.	____ x \$ 90/person Dietary restrictions: _____
	Thursday, June 1		
<input type="checkbox"/>	Social #6: Niagara Bus Tour Do not leave Ontario without seeing one of Canada's globally known attractions. Niagara Falls will take your breath away! The all-day tour (7:30~18:00) will include a private guide, buffet lunch, cruise on the falls, winery tour and more. Please find the details on the schedule & the tour flyer.	____ x \$140/person	

Summary of Payment Owing	
Registration Fee-Full (Sunday ~ Wednesday)	\$ _____
Daily Conference Fee	\$ _____ Monday, May29 \$ _____ Tuesday, May 30 \$ _____ Wednesday, May 31
Social Events Total	\$ _____
Total Owing	\$ _____

By Mail: Send registration form & cheque or money order (in Canadian Funds) payable to **CONA Toronto Chapter** to:
Toronto CONA Conference c/o Larissa Teng, 55 Grayleaf Drive, Stouffville, Ontario, L4A 1S8

By Online: www.cona-nurse.org

- **Registration will NOT be processed without payment**
- **Cancellation Policy:** Refunds must be requested in writing. No refunds will be issued after **April 8, 2017**.
- **NSF Cheques:** A \$50 administration fee will be levied for all NSF cheques

Accommodations: can be booked at Sheraton Centre Toronto Hotel via the website:

<https://www.starwoodmeeting.com/Book/CE27AD> or by calling **1-888-627-7175**. Please indicate that you are booking for Canadian Orthopaedic Nurses Association **Group ID: CE27AD**. Group rates of \$ 219/night (May 25, Wed – June3, Sat) until April 27, 2017, subject to availability.

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT:

This information is collected under the authority of the "Freedom of Information and Protection of Privacy Act". The information you provide is required to register you in the course, prepare material for your use and will be used to notify you of other courses or pertinent information. Financial information is used to process applicable fees and is not retained for future reference. If you have questions about collection or use of this information, please contact us.