Canadian Orthopaedic Nurses Association

40th Annual Conference

Hosted by the Toronto Chapter

“Orthopaedics: Moving Forward With the Strength Within”
Featured Speakers

Opening Address: Cyndi Desjardins “Igniting the Power Within”

Cyndi Desjardins was a successful business manager as well as being a new mom when necrotizing fasciitis (otherwise known as flesh eating disease) entered her life, and altered it forever. She awoke after five weeks of battling this disease, to find her hands and feet had been amputated in an effort to save her life.

God gave her the spirit to overcome many obstacles in her rehabilitation: recapturing relationships with her children, learning to walk, swim, and dance through life again. Her inspiring story attracted media attention. She has been interviewed as a resource for inner spirit by major US TV shows Anderson Cooper, the Jeff Probst show, as well given the title of Canadian Original on CTV National.

Keynote Address: Captain Mary Ann Barber
“After the Dust has settled: A Reflection on Afghanistan – The perspective of A Trauma Nurse”

Captain Mary Ann Barber was born and raised in Sault Ste. Marie, ON, and began her career in the Canadian Armed Forces under the Regular Officer Training Plan, enrolling in June 1997. Upon graduation from her BScN from the University of Ottawa in 2000, she was posted to Canadian Forces Base Edmonton where she began her career working as a new grad nurse in the ER at the Royal Alexandra Hospital, and in a variety of military environments. Captain Barber went on her first overseas deployment to Bosnia-Herzegovina as a Critical Care Nursing Officer where she assisted in the management of the Unit Medical Station in Velika Kladusa in September 2002. Upon her return in April 2003 she began working in the ICU, and completed her certificates in Emergency Nursing, Forensic Nursing and Critical Care Nursing from Mount Royal College in 2004. Capt Barber deployed to Kabul, Afghanistan as the Nurse In-Charge (IC) of the Resuscitation department from January to July 2005. In 2006 she was posted from Edmonton to Kingston, Ontario, where she became the team leader for the Care Delivery Unit at the Royal Military College of Canada. In 2007 she deployed to Kandahar, Afghanistan to the Role 3 Multinational Medical Unit (R3MMU) for 5 months, returned home for 6 months and then redeployed to Kandahar in January 2008 as the 2nd In-Command of In-Patient Services at the Role 3 hospital. Following her return from Afghanistan in September 2008, she continued to manage the operations department at 33 Canadian Forces Health Services Centre in Kingston. When she was not working on her year-long French course, or in the field, Capt Barber flew several medical evacuations from Germany to Canada, returning our critically wounded patients home. She was posted in the summer of 2010 to Geilenkirchen, Germany where she managed the immunizations department until she returned to Ottawa in the fall of 2011. In Ottawa, Capt Barber was the department manager for Immunizations and the treatment room until she was moved in the summer of 2013 to Canadian Forces Base Borden. At the Canadian Forces Health Services Training Centre, Capt Barber manages the Medical Technician Qualification Level 5 program, the Basic Medical Officer Course, the Primary Care Nurse Course and the Basic Nursing Officer Course. She teaches on the Physician Assistant Course, and on all clinical courses conducted at the training centre. Capt Barber lives in Wasaga Beach and enjoys travelling, and hiking with her two big dogs and plans to retire from the military next summer and finish her Masters of Nursing Nurse Practitioner program.

Edith Cavell Speaker: Mona Sawhney
“The ‘R’ word: How it became part of my nursing practice”

Mona Sawhney completed her BScN at Ryerson University, Masters of Nursing/Acute Care Nurse Practitioner program and PhD at the University of Toronto. Her research interest is in pain management following surgery. She has published several book chapters and peer-reviewed journal articles and has presented at local, national and international conferences. Mona has been working as a NP with hospital based pain services since 1995 at a variety of hospitals in the Toronto area, Hamilton, Kingston.

She currently works as an Assistant Professor at the School of Nursing at Queen’s University and holds a Nurse Practitioner position at North York General Hospital with the Acute Pain Service.
## Conference Schedule

### Sunday, May 28, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter/Location</th>
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<tbody>
<tr>
<td>1200-1600</td>
<td>Registration</td>
<td>Mackenzie Room</td>
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<tr>
<td>1800-2100</td>
<td>Social #1: Meet &amp; Greet</td>
<td>Dominion Ballroom</td>
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</table>

### Monday, May 29, 2017

Location: Dominion Ballroom

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter/Location</th>
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<tbody>
<tr>
<td>0600-0700</td>
<td>Social#2: Running/Walking tour of Toronto</td>
<td>David Miller</td>
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<tr>
<td>0700-0800</td>
<td>Exhibitors/Breakfast</td>
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<tr>
<td>0800-0830</td>
<td>Opening Ceremonies &amp; Welcome</td>
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<td>Opening/Welcome Remarks</td>
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<tr>
<td>0830-1000</td>
<td>Opening Address - Igniting the Power Within</td>
<td>Cyndi Desjardins</td>
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<td>1000-1030</td>
<td>Exhibitor/Nutrition Break</td>
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<tr>
<td>1030-1100</td>
<td>Complex Wound Care of Multi-Trauma Patient</td>
<td>Dr. Shar Shahrokhi</td>
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<td>1100-1130</td>
<td>Clearing the Spine in a Trauma Patient</td>
<td>Dr. Albert Yee</td>
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<td>1130-1200</td>
<td>Application of Robotically-Assisted Etching for Cranial Facial Reconstruction</td>
<td>Thomas Looi</td>
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<tr>
<td>1200-1300</td>
<td>Lunch/Exhibitors</td>
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<tr>
<td>1300-1345</td>
<td>Life After A Spinal Cord</td>
<td>Christine Sellinger</td>
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<td>1345-1415</td>
<td>Non-union Challenges In Orthopaedics</td>
<td>Dr. Hossein Mehdian</td>
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<td>1415-1445</td>
<td>Nutrition Break/Exhibitors</td>
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<td>1445-1515</td>
<td>The Essential Role of Nursing in Reducing the Burden of Venous Thromboembolism in Orthopedic Surgery</td>
<td>Dr. William Geerts</td>
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<td>1515-1555</td>
<td>Fractures of the Clavicle: How Science Changed Practice</td>
<td>Dr. Michael McKee</td>
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<td>1555-1600</td>
<td>Closing remarks</td>
<td>Invitation Only</td>
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<tr>
<td>1600-1700</td>
<td>Presidents reception</td>
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<tr>
<td>1800</td>
<td>Social #3: Blue Jays Game</td>
<td>Rogers Centre</td>
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<td>Time</td>
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<tr>
<td>0600-0700</td>
<td>Social #4: Running/Walking tour of Toronto</td>
<td>David Miller</td>
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<td>0700-0800</td>
<td>Breakfast, Annual General Meeting</td>
<td>All CONA Members</td>
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<td>0800-0815</td>
<td>Opening remarks</td>
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<td>0815-0845</td>
<td>Magnetic resonance guided high-intensity focused ultrasound therapy: Principles and applications in paediatric medicine</td>
<td>Adam Waspe</td>
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<td>0845-0945</td>
<td>Documentation in Healthcare Setting</td>
<td>Ryan Breedon</td>
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<td>0945-1015</td>
<td>Exhibitor/Nutrition Break</td>
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<td>1015-1100</td>
<td>Breakout Session #1</td>
<td>Interprofessional Fall Risk reduction Strategies for patients with Dementia</td>
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<td>Ursula Petroz et. al.</td>
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<td>Managing substance use disorder patients in acute care: A harm reduction and education project at the Ottawa Hospital</td>
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<td>Jackie Mace et. al.</td>
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<td>Management of the distressed patient in the trauma and orthopaedic setting- development of an algorithm</td>
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<td>Gill Thurlow</td>
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<td>Valuing the past and embracing the future of orthopaedic nursing</td>
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<td>Julie Santy- Tomlinson</td>
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<tr>
<td>1115-1200</td>
<td>Breakout Session #2</td>
<td>Improvement of Pain Management and Patient Experience in the Orthopaedic patient on the inpatient surgical unit: A Quality Council Initiative</td>
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<td>Jennifer Goode &amp; Natalia Steinborn</td>
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<td>Wound Care Challenges and The Orthopaedic Patient</td>
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<td>Louanne Rich-Vanderbij</td>
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<td>Can we have a one day length of stay for hip and knee replacement patients?</td>
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<td>Maureen Sly-Havey</td>
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<td>Code Panic: Helping patients and families through fears and tears</td>
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<td>Illana Perlman</td>
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<td>1200-1300</td>
<td>Lunch/Exhibitor Visit</td>
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<td>Breakout Session #3</td>
<td>The Introduction of Schwartz rounds at the Royal National Orthopaedic Hospital</td>
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<td>Gill Thurlow</td>
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<td>The foot and Ankle Screening and Triage Clinic (FAST): A community hospital’s effort to address wait times for forefoot surgery</td>
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<td>Catherine Lafontaine &amp; Maureen Sly-Havey</td>
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<td>Preoperative urine culture screening for patients having a total joint replacement; The Revised paradigm</td>
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<td>Jan Flynn &amp; Susan Clark</td>
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<td>How do you know when your patient is constipated?</td>
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<td>Julie Santy - Tomlinson</td>
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<tr>
<td>1345-1415</td>
<td>Exhibitor/Nutritional Break</td>
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<tr>
<td>1415-1515</td>
<td>It’s the singer not the song</td>
<td>Dr. Jay Keystone</td>
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<td>1515-1615</td>
<td>Keynote - After the Dust has Settled: A Reflection on Afghanistan- The perspective of A Trauma Nurse</td>
<td>Captain Mary Ann Barber</td>
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<td>1600</td>
<td>Closing remarks</td>
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<tr>
<td>1800</td>
<td>Social#5: Dinner &amp; Dance</td>
<td>Copacabana</td>
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<tr>
<td>Time</td>
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<td>Presenter</td>
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<tr>
<td>0700-0730</td>
<td>Exhibitors/Breakfast</td>
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<td>0730-0735</td>
<td>Opening remarks</td>
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<td>0735-0745</td>
<td>Presentation 2018 National Conference</td>
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<td>0745-0815</td>
<td>3D optical imaging for spinal surgery - the days without lead apron</td>
<td>Dr. Victor Yang</td>
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<td>0815-0845</td>
<td>The Tragically Fractured Hip</td>
<td>Dr. Sanjho Srikandarajah</td>
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<td>0845-0930</td>
<td>Medical Assistance In Dying (MAID)</td>
<td>Sally Bean</td>
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<td>0930-1000</td>
<td>Exhibitors/Nutrition break</td>
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<tr>
<td>1000-1030</td>
<td>Endovascular Approaches to Spine Disease</td>
<td>Dr. Leo Da Costa</td>
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<td>1030-1130</td>
<td>The 'R' word: how it became part of my nursing practice</td>
<td>Dr. Mona Sawhney</td>
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<td>1130-1200</td>
<td>Conference Closing</td>
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**Thursday, June 1, 2017**

**Social #6: Niagara Falls Tour**

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<th>Time</th>
<th>Event</th>
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<tr>
<td>0730</td>
<td>Pick up at Sheraton Centre Toronto Hotel</td>
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<tr>
<td>0930-1600</td>
<td>Full day touring of Niagara Falls and area with a private guide</td>
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<td>- Admission to the Hornblower cruise</td>
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<td>- Buffet lunch overlooking Falls</td>
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<td>- Local Winery (tour and tasting)</td>
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<td>- Shopping at Table Rock</td>
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<td>- Free Time</td>
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<tr>
<td>1800</td>
<td>Drop off at Sheraton Centre Toronto Hotel</td>
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Online Registration Available at:  
www.cona-nurse.org
VISA and Master Card Accepted
For questions: conatorontochapter@gmail.com

Registration Form (Please complete both pages)

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<tr>
<th>Email Address:</th>
<th>Phone:</th>
<th>Are you a certified Orthopaedic Nurse?</th>
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- Yes ☐  No ☐

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<tr>
<th>Complete Conference</th>
<th>Early Bird by March 13</th>
<th>After March 13</th>
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<td>CONA Members*</td>
<td>☐ $595</td>
<td>☐ $650</td>
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<tr>
<td>Non-Members</td>
<td>☐ $695</td>
<td>☐ $795</td>
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<tr>
<td>Students**</td>
<td>☐ $300</td>
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<tr>
<th>Daily Registration</th>
<th>Mon (May 29)</th>
<th>Tue (May 30)</th>
<th>Wed (May 31)</th>
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<tr>
<td>CONA Members</td>
<td>☐ $250</td>
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<td>Non-Members</td>
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<td>Students</td>
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* Become a CONA member for $100 and save $100~$145 on your registration www.cona-nurse.org

** Students must have full-time student status and show proof of registration (Student ID)

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<tr>
<th>Tuesday, May 30 Breakout Sessions (Please circle one)</th>
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<tbody>
<tr>
<td>Time</td>
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<tr>
<td>10:15~11:00</td>
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<td>11:15~12:00</td>
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### Social Activities

**Sunday, May 28**

- **Social #1: Meet & Greet** Welcome to Toronto! Come and meet your fellow delegates while enjoying music and refreshments (18:00 ~ 21:00). This is a great way to kick off the National 2017! All conference participants are invited to attend and this is open to non-registrants for a small charge.

**Monday, May 29**

- **Social #2: Running/Walking tour with David Miller** Day 1 Looking for a healthy & fresh way to start of the day? Then this is for you! The personal trainer David will introduce Toronto's early morning face to you (6:00~7:00).

- **Opening Address: Cyndi Desjardins – Igniting the Power Within** Cyndi is an inspiring public speaker, fundraiser, and writer who will discuss her life-altering experience with necrotizing fasciitis (8:30~10:00).

- **Social #3: Blue Jays Game** Join us as we root for the home team! Tickets are located in the 100 level bases section. The package includes a snack and a bottle of water.

**Tuesday, May 30**

- **Social #4: Running/Walking tour with David Miller** Day 2 See Day 1 on May 29 (6:00~7:00)

- **Social #5: Dinner & Dance at Copacabana** Enjoy an evening of dinner and dancing as you feast at Toronto's all-you-can-eat Brazilian Steakhouse. It will be an unforgettable evening filled with music and entertainment from the samba dancers and a silkists! Vegetarian, kosher, and gluten free options available. Please indicate any dietary restrictions. Cocktails start at 17:30. Please find the details on the flyer.

**Thursday, June 1**

- **Social #6: Niagara Bus Tour** Do not leave Ontario without seeing one of Canada's globally known attractions. Niagara Falls will take your breath away! The all-day tour (7:30~18:00) will include a private guide, buffet lunch, cruise on the falls, winery tour and more. Please find the details on the schedule & the tour flyer.

### Summary of Payment Owing

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<tr>
<th>Description</th>
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<td>Registration Fee-Full (Sunday ~ Wednesday)</td>
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<tr>
<td>Daily Conference Fee</td>
<td>$___________ Monday, May 29</td>
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<td>$___________ Tuesday, May 30</td>
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<td>$___________ Wednesday, May 31</td>
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<tr>
<td>Social Events Total</td>
<td>$___________</td>
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<td>Total Owing</td>
<td>$___________</td>
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**By Mail:** Send registration from & cheque or money order (in Canadian Funds) payable to **ONA Toronto Chapter** to:  

*Toronto CONA Conference c/o Larissa Teng, 55 Grayleaf Drive, Stouffville, Ontario, L4A 1S8*

**By Online:** [www.cona-nurse.org](http://www.cona-nurse.org)

- Registration will **NOT** be processed without payment
- Cancellation Policy: Refunds must be requested in writing. No refunds will be issued after **April 8, 2017.**
- NSF Cheques: A $50 administration fee will be levied for all NSF cheques

**Accommodations:** can be booked at Sheraton Centre Toronto Hotel via the website: [https://www.starwoodmeeting.com/Book/CE27AD](https://www.starwoodmeeting.com/Book/CE27AD) or by calling **1-888-627-7175**. Please indicate that you are booking for Canadian Orthopaedic Nurses Association **Group ID: CE27AD**. Group rates of $219/night (May 25, Wed – June3, Sat) until April 27, 2017, subject to availability.

**FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT:**
This information is collected under the authority of the “Freedom of Information and Protection of Privacy Act”. The information you provide is required to register you in the course, prepare material for your use and will be used to notify you of other courses or pertinent information. Financial information is used to process applicable fees and is not retained for future reference. If you have questions about collection or use of this information, please contact us.