



September 2022

(name of Hospital)  
Chief Nursing Officer

Re: Orthopaedic Nurses

I would like to introduce you to the Canadian Orthopaedic Nurses Association (CONA). We are a vibrant group of orthopaedic nurses - both RNs and LPNs - located across Canada. We have been an interest group since 1978. Our website is: [www.cona-nurse.org](http://www.cona-nurse.org)

CONA provides educational opportunities for nurses interested in orthopaedics throughout the year on a virtual platform. We work closely with the Canadian Orthopaedic Association (COA) and will have a conference in Calgary 2023 as part of the COA conference. Our members will be able to attend both conferences for a discounted rate. Portions of this conference will be offered on a virtual platform. CONA offers its members the opportunity to write the American Orthopedic Certification Exam at a discounted rate. Our website provides a review for those interested in certification or just to expand knowledge. In addition, we have bursaries and awards to help our members with costs associated with conference and training.

The past two years have been difficult for hospitals and for nursing staff. The effort to recruit and retain staff has been challenging. Offering education to your staff plays a key role in retention. CONA is offering a hospital membership to your facility - for \$1000 you can choose 12 nurses for CONA membership. Regular membership is \$100 per nurse so this is a saving of \$200. Orthopaedic surgeons as part of COA encourage orthopaedic nurses to join CONA in order to expand current knowledge and to gain insight into best evidence based practice.

If you wish to take advantage of this membership opportunity, or if you have any questions, please contact our National Board at [cona.national.membership@gmail.com](mailto:cona.national.membership@gmail.com)

Thank you

Maureen Sly-Havey, RN, MSN, ONC(C)  
Past President, CONA National Board