

CAPITALCARE GRANDVIEW POST ACUTE ADMISSION CRITERIA

Criteria – All Programs

- Over 18 yrs of age
- Unable to function safely at home
- Requires more care or rehab than can reasonably be provided by Home Care
- Must be “medically stable”, - e.g.-may require routine treatment but not expected to deteriorate to a more acute level of illness;
 - Resolved delirium
 - Does not require more than daily lab work & labs are with normal ranges or at least at patients pre-hosp. baseline
 - Is not on intravenous antibiotics that require lab monitoring (ie-Vanco, Gent, Tobra-all aminoglycoside IV antibiotics)
 - Does not require O2 greater than 6 litres/min
 - Psychiatric conditions are stable
 - Has a PICC inserted prior to transfer if requiring IV antibiotic therapy greater than seven days
- Must be motivated and able to actively participate in all treatments.
- Patient can understand, retain and follow through on instructions relating to **short term** goals.
- Is able to transfer with 1-2 person assist & ambulate greater than 1 meter.
- Is not disruptive and will not put others or self at risk.
- Functionally ambulatory with or without gait aides in the pre-injury environment.
- Must be able to manage pre-existing medical conditions that require self-care eg-CPAP, BIPAP, colostomy, self-catheterizations).
- Has a residence to be discharged to.
- Has transportation home & understands assoc. costs are their responsibility.
- Will be discharged when identified goals/criteria for discharge have been met.
- Has an Orthopedic consultant identified & appt. booked for F/U, includes any additional off-service consult F/U appointments (e.g. swallowing issues/asses, etc.)

Rehab beds/equip rated for Max. 159 kg- Bariatric Referrals subject to appropriate equipment availability**

Admission Criteria- Accelerated Rehab- Hip Fracture

- Walking to Dining room for all 3 meals (round trip)
- Physiotherapy sessions twice daily (30-45 minutes per session)
- Anticipate resumption of ADL's per previous supports received
- Does not require Argo, Medi-Lift, or sit to stand for transfers
- Anticipated discharge 7-14 days from admission

Admission Criteria- Restorative Care

- If pt is deemed as having rehab potential, RCU should be considered prior to being assessed for a higher level of care.
- Up to Dining room for all 3 meals(walking as appropriate to diagnosis)
- 1-2 P.T. sessions/day
- ADL's as per previous supports received
- Discharge goal of 14-28 days
- Has O2 requirement preventing participation at the accelerated level (reduced activity/exercise tolerance)
- Dementia/cog. impaired pts- MMSE/MoCA scores of at least 15/30,
- Transfers with the possibility, initially, of requiring a lift apparatus, and progressing to independence (with the pre-requisite motivation to participate in rehab and the desire to go home).
- # Hips with order for NWB > 2 weeks.