



Save the Date

To be Held at Fantasyland Hotel

May 24-26, 2022

Featured Speakers

Zaheen Nanji

One of the most in-demand speakers on resilience in Canada today, Zaheen Nanji has shared her content-rich, entertaining, hard-hitting and memorable presentations to enthusiastic audiences such as HR, health professionals, educators and leaders. Zaheen is a TEDx speaker and has been featured on the front cover of Positive Health Magazine and on various broadcast media outlets in UK, USA and Canada. She's also a two-time best-selling and award-winning author. Zaheen and her husband own Shanti Wellness & Laser Centre in Alberta, Canada. She calls herself a resilience champion because she shows you how to make resilience your first reflex!

Mary Lou McKenzie

Mary Lou grew up in a military family but her roots are in Nova Scotia. Spending the majority of her nursing career in orthopedics and trauma, her leadership background covers many areas including Surgery, Trauma, Cardiac Sciences, Transplant and Emergency. Mary Lou has received the REACH Leadership Award three times, was the UAH nominee for the Regional REACH Leadership Award and has twice been a nominee for the CARNA Leadership Award. Her teams have received the President's Excellence Award in Innovation and Research as well as Quality Improvement.

Laurel Vespi

Mindfulness, productivity and life engagement expert Laurel Vespi teaches audiences a whole new way of thinking about getting stuff done while being calmer and more focused in the process. An engaging and powerful motivational speaker with a humorous and down-to-earth style, Laurel shares simple and practical strategies, so people can reduce stress, improve workplace productivity and create moments of calm in the midst of a hectic and distracted world. Combining the principles of mindful living with proven productivity strategies, Laurel helps people close the gap between good intentions and achieving meaningful goals.