



Join us in Winnipeg June 5- 8th 2011

Hotel Fort Garry

Winnipeg, Manitoba, Canada

www.cona-nurse.org

conaorthomosaic2011@hotmail.com

CONA – Ortho Mosaic 2011

June 5th – 8th 2011 Fort Garry Hotel
Winnipeg, Manitoba, Canada

* Program subject to change

Sunday June 5th Meeting Day

- 0930 – 1130 Leadership Forum - CONA Board Members & Chapter Presidents -
(Gateway Room)
- 1330 – 1530 Annual General Meeting - all CONA members - (Gateway Room)
- 1530 – 1900 Conference Registration
- 1630 – 1900 Exhibitor Set-up – (Selkirk Room)
- 1900 – 2200 A Manitoba Social!
- A “Social” is a prairie tradition. It involves special “Social” food, music, entertainment and prizes. Come make new friends and renew old friendships!
(Club Room Hotel Basement)*

Monday June 6th Plenary (presentations in Grand Ballroom unless otherwise stated)

- 0700– 0800 Registration
Continental Breakfast
Poster Set-up
- 0800 – 0845 Welcome & Opening Ceremonies
- 0845 – 0945 **Edith Cavell Speaker:**
It Gets Better All the Time: Sexuality & Aging
Anne Katz, RN, PhD
Adjunct Professor, Faculty of Nursing, University of Manitoba
- We live in an ageist society where sexuality is seen as the domain of the young and healthy. But what does the evidence say about sexuality and growing older? What happens when chronic health problems affect people as they grow older? Answers to these questions and some intriguing evidence about sexuality beyond the 6th decade will be provided in this lecture.*
- 0945 – 1015 Break

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Monday June 6th Plenary cont'd

1015 – 1115

Hip & Knee Waitlist Management in Canada

Brian Postl, MD

Dean, Faculty of Medicine, University of Manitoba

Dr. Postl was the National Waitlist Advisor and is currently the Dean of Medicine at the University of Manitoba. He was also the founding President and CEO of the Winnipeg Regional Health Authority.

1115 – 1200

The Cricks and Cracks of Pediatric Orthopedics

Adrianna Condello, MD, FRCPC (PEM)

Director of Northern & Rural Pediatric Medical Education

University of Manitoba

The presentation will:

- *review the differences of children vs. adult bones*
- *explain the presentation & management of common pediatric fractures*
- *explain the presentation & management of subluxation of the radial head*
- *describe common reasons for knee pain in adolescents and management options*
- *provide an approach to the child who is refusing to weight bear*

1200 – 1330

President's Luncheon in the Assiniboine Room (by invitation)

Buffet Lunch in the Grand Ballroom for all Attendees

Exhibitor Booths (Selkirk Room)

Poster Displays (Grand Ballroom)

1330 – 1430

Emerging Technologies in the Battle Against Knee Osteoarthritis

Jason Peeler PhD, CAT (C)

Dr. Peeler will speak on his research examining the effect of "anti-gravity" exercise on knee pain and knee joint forces in an overweight/obese early onset knee osteoarthritis population.

1430 -1500

Break

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Monday June 6th Plenary cont'd

1500 – 1600

Surgery: Revision of Primary Knee Arthroplasty

Dr. David Hedden, BSc, MD, FRCSC & Jacquie Radtke, RN
Concordia Hip & Knee Institute Concordia Hospital OR Nurse

Dr. David Hedden and Jacquie Radtke, RN, will provide live commentary on a taped surgical procedure.

Monday Evening Social Activity – Optional

Tour Lower Fort Garry:

- *Step back in time to the 19th century fur trade at the oldest stone fur trading posts still intact in North America.*
- *Named one of the top ten historic sites in Canada.*
- *A chartered 40 minute bus ride will take you across the flat prairie to the Fort for dinner and tour. There may be a meeting with the Governor!*
- *Cost: \$50.00*

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Tuesday June 7th Concurrent Session Day

0730- 0830 Registration
Breakfast (Grand Ballroom) (sponsored by ConvaTec)
Presentation related to Wound Care

Exhibitor Booths (Selkirk Room)
Poster Displays (Grand Ballroom)

0800– 0815 Announcements

0830– 0915 **Concurrent Session 1**

1. A Advanced Care Planning Discussions in Acute Care Setting

Monika Warren, RN, MN
Clinical Manager Grace Cancer Care & Hospice
Winnipeg, Manitoba

Monika will speak on her research project which explored how the Winnipeg Regional Health Authority (WRHA) could support nurses in initiating acute care advanced care planning.

1. B Regional Hip & Knee Replacement Program (Ottawa)

Maureen Sly – Havey, RN, MSN
Acting Project Manager, Queensway, Carleton Hospital
Ottawa, Ontario

A look at how to improve and standardize access for patients requiring hip and knee total joint replacement across a Local Health Integration Network in Ontario.

1. C Nurses' Knowledge & Barriers to Effective Pain Management

Kimberly Jabusch, RN, MN, BA (CMSN) (C)
St. Boniface Hospital
Winnipeg, Manitoba

This presentation will provide an overview of the barriers to pain management, review study findings and lay out recommendations to influence professional practice changes for the future.

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Tuesday June 7th Concurrent Session Day cont'd

0930 – 1015 **Concurrent Session 2**

2. A The Irony of Blood

Glenda Klein, Elaine Pinette, Janet Wilgosh & Lisa Van Osch
Nurse Coordinators WRHA Blood Conservation Services
Winnipeg, Manitoba

An overview of the Blood Products Alternative Program (BPAP), the rationale for blood conservation and how it applies to the Orthopedic population.

2. B The Future of Orthopedic Nursing Home Care Rehabilitation for Total Knee & Total Hip Replacement

Mioara Ambrozi–Strambu BN, & Zoya Fedossiuk BN
Jewish Rehabilitation Hospital
Laval, Quebec

This presentation will discuss the nurses' role within the Musculoskeletal Program SNM4 (Système-Neuro-Musculaire Measure four), an innovative home care rehabilitation program at the Jewish Rehabilitation Hospital (JRH) located in Laval Quebec is the Regional.

2. C Post Operative Nausea & Vomiting - "Don't Get Stuck in the Gravel"

Barbara Lethwaite, RN, MN, RDMS
St. Boniface Hospital
Winnipeg, Manitoba

This presentation will provide an abridged tutorial on PONV and review the findings from a Canadian study and report on how this research changed nursing practice.

1015– 1045 Break

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Tuesday June 7th Concurrent Session Day cont'd

1045- 1130 **Concurrent Session 3**

3. A Using the Dementia Quick Screen pre-operatively as a predictor of postoperative delirium in the total hip & knee replacement program

Maureen Sly – Havey, RN, MSN

Acting Project Manager, Queensway, Carleton Hospital
Ottawa, Ontario

This research study presentation looks at delirium and how it leads to longer hospital LOS, increased staffing needs and risk of injury. In addition it attempts to determine if there would be a way to predict post-operative delirium.

3. B Innovative Nursing Roles for New Patient Referrals

Donna Fitz-Gerald, RN, MA & Sarah Mondoux, BScN
Shriners Hospital for Children
Montreal, Quebec

This presentation will describe the telephone triage and screening clinic processes and the role of the nurse in each. Outcomes since the implantation of these initiatives will be discussed including effects on wait times and the patient wait list.

3. C Pharmacological Therapies for Arthritis

Cathy Sochasky, BPharm
Health Sciences Centre
Winnipeg, Manitoba

1130 – 1300 Lunch
Exhibitor Booths (Selkirk Room)
Poster Displays (Grand Ballroom)

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Tuesday June 7th Concurrent Session Day cont'd

1300 – 1400 **Joint Replacement Surgery in Guatemala**
Concordia Guatemala Group:
Shelley Thiessen, RN, Karen Watchorn, RN, Sharon Irwin, RN & Alison Bartel, RN
Concordia Hospital
Winnipeg, Manitoba

A group of Concordia staff traveled to Guatemala as part of Operation Walk Canada. They met a group from London, Ontario. Together the two teams provided Orthopedic Surgeries to patients suffering from debilitating bone and joint conditions.

1400 – 1430 Break

1430 -1515 **Concurrent Session 4**

4. A An African Experience
Melissa Colquhoun, RN
Concordia Hospital
Winnipeg, Manitoba

Melissa describes her volunteer experience during a humanitarian excursion to Cameroon, Africa. The trip was supported by Manitoba, Northwestern Ontario churches. While there, she saw first hand the quality of medical care. Her presentation will focus on the quality of hygiene/sanitation; common diseases, wealth differentiation comparing South Africa to West Africa.

4. B Non Pharmacological Therapies for arthritis patients
Ann Patton, Occupational Therapist

4. C Short Stay Total Joint Program at Hotel Dieu Hospital in Kingston
Rosemary Koen, RN, CPN ©, BSC., MA
Clinical Educator, Hotel Dieu Hospital, Kingston, Ontario

This presentation discusses a project that attempted to increase access to arthroplasty surgery by creating an ambulatory or "Fast Track" total joint replacement program. This resulted in the creation of an alternative care delivery method which was patient centered and actively involved the patient in the plan of care.

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Tuesday June 7th Concurrent Session Day cont'd

1515 – 1600

Concurrent Session 5

5. A Multiple Myeloma – Balancing the Challenges of Pathological Fractures

Darlene Grantham, MN, CHPCN (C), CCHN (C) &
Kathy Ramesar, RN, CON (C),
Health Sciences Center
Winnipeg, Manitoba

5. B Anticoagulation Management: Dispelling the Myths

Laura Hill NP, MN
Cardiac Sciences Anticoagulation Clinic

Warfarin is the most common oral anticoagulant used to treat and prevent thromboembolic disorders. An individual's risks and benefits need to be considered before the initiation of warfarin. Dabigatran is a newer oral anticoagulant available to patients and its use within primary care will be discussed.

5. C Supporting the Canada Farm Safe Plan

Glen Blahey, CRSP Agriculture Safety & Health Specialist,
Canadian Agriculture Safety Association,
Dr. Ted Redekop, Chief Occupational Medical Officer,
Workplace Safety & Health Division,
Manitoba Labour & Immigration
Winnipeg, Manitoba

The Canadian Agricultural Safety Association facilitates the collection and analysis of agricultural morbidity and mortality data across Canada. Farming is a high hazard, high injury risk industry and the control of the safety and health risks are more problematic considering its unique characteristics. This presentation will assist orthopedic nurses in doing their work by focusing on the mechanisms of farm injuries and the types of work activities these patients return to.

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Tuesday Evening Activity (2 options)

Hermetic Code Tour:

- Take a short walk from the hotel to the Manitoba Legislature Building, to unlock the mysteries of one of Canada’s most unique architectural landmarks. Discover coded messages, symbols and hieroglyphic inscriptions.

- Cost \$18.00

Titanic: The Artifact Exhibition:

- Experience a meal actually featured on the Titanic’s menu, tour the “must see” exhibition of 190 authentic artifacts (including 9, never previously displayed), hear compelling stories and view extensive re-creations of the ship’s rooms. Is your boarding pass one of a survivor’s or did you perish on the voyage?

- Cost \$40.00

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Wednesday June 8th Plenary - Grand Ballroom

0700 – 0800 Breakfast – Sponsored by Bayer
Anticoagulation in Orthopedic Patients
Tom Turgeon, BSc, MD, FRCSC
Concordia Hospital, Winnipeg, Manitoba

0800 – 0815 Invitation to Next Year's Conference in Ottawa

0815 – 0915 **Towards a Fracture Free Future**
Dr. Heather Frame
Mature Women's Centre, Assiniboine Clinic, Winnipeg, Manitoba
Scientific Advisory Council, Osteoporosis, Canada

A huge care gap exists in the management of Osteoporosis in Canada. The presentation will focus on care gaps that exist and steps that can be taken to improve things. This presentation will focus on osteoporosis studies and the 2010 Clinical Practice Guidelines for the diagnosis and management of osteoporosis in Canada.

0915 – 1015 **Injury Prevention: What Everyone Should Know to Stay Safe**
Sylvia Yeager, Occupational Therapist
Seven Oaks General Hospital, Winnipeg, Manitoba

This fun and interactive seminar is applicable any type of work from sedentary office work to heavy construction.

1015 – 1045 Break

1045 – 1200 **The Excitement Never Ends: Adventures in Infection Control**
Dr. John Embil, BSc (Hon), MD, FRCPC, FACP

Dr. Embil proves that a talk on infection control can be entertaining too.

1200 – 1230 Closing Followed by Boxed Lunch

Poster Presentations

1. Marion Chalifoux RN, BScN, ONC (c) – “The Little Chapter that Could: The 10th anniversary of the Victoria CONA Chapter”
2. Lynda Mandzuk RN, MN, Diana McMillan RN, PhD, Eric Bohm B. Eng, MSc, MD, FRCSC – “A Longitudinal study of quality of life and functional status in total hip and total knee replacement patients”
3. Sarah Quigley RN, BScN, ONC (c) & Unit 81 RGH team – “Transformational Improvement Project (TIP) for Arthroplasty”
4. Kristen Ashely Proceviat – “Quality Improvement Project related to The Fractured Hip Patient”

CONA – Ortho Mosaic 2011 Registration Form

Name _____

CONA number _____

Address _____

City _____ Prov/State _____

Postal /Zip _____ Country _____

Email _____

Did you write the Orthopedic Certification exam this year? Yes _____

Do you have CNA Certification in Orthopedics? Yes _____

What events will you be attending?

Manitoba Social (Sun, June 5) – no charge

Lower Fort Garry Tour (Mon, June 6)

Number attending @ \$50 _____

Total _____

Hermetic Code Tour (Tues, June 7)

Number attending @\$18 _____

Total _____

Titanic Exhibit (Tues, June 7)

Number attending @\$40 _____

Total _____

Concurrent Sessions

Please indicate 1st and 2nd choice:

Session 1: 1A _____ 1B _____ 3C _____

Session 2: 2A _____ 2B _____ 2C _____

Session 3: 3A _____ 3B _____ 3C _____

Session 4: 4A _____ 4B _____ 4C _____

Session 5: 5A _____ 5B _____ 5C _____

Conference Fees

Full Conference	before Apr 25	before May 22	Onsite
CONA member	\$400	\$500	\$550
Non members	\$500	\$600	\$650
Undergrads*	\$200	\$225	\$250

Daily Rates

	before May 22	
	Monday or Tuesday	Wednesday
CONA Member	\$150	\$75
Non Member	\$200	\$100
Undergrads*	\$100	\$75

	Onsite	
	Monday or Tuesday	Wednesday
CONA Member	\$225	\$100
Non Members	\$275	\$150
Undergrads*	\$125	\$100

* Registered for 3 or more courses

Total Social Fee _____

Total Conference Fee _____

Indicate which days if daily M _____ T _____ W _____

Total Amount _____

Mail your Registration to:

Judy Naaykens
77 Hamilton Ave
Winnipeg, Manitoba
Canada R2Y 2T2

Cheque or money order payable to:
CONA Winnipeg Chapter 2011(CDN funds only)

Cancellation Policy: Refunds must be requested in writing. No Refunds after May 15th, 2011.

NSF Cheques: \$50.00 administration fee for NSF Cheques

For online registration see CONA website: www.cona-nurse.org

Accommodation can be booked with:

Hotel Fort Garry

www.fortgarryhotel.com

Standard Room: \$154.00/day

To Reserve a room call: 1-204-942-8251

Hotel Code: 10B7EV

Taxi Service available from the airport approx \$20

For any Questions email: conaorthomosaic2011@hotmail.com

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